

Appendix 1

Children and Young People's Plan (CYPP) 1 year refresh for 2015/16

Foreword from Cllr Mellen, Chair of the Nottingham Children's Partnership Board

The CYPP has been refreshed to keep the partnership focused on local children and young people during the coming year (2015-16), in the midst of changes which the upcoming general and local elections may bring. A revised, longer term plan will be developed for 2016 onwards.

There have been many changes since the CYPP was originally written in 2010. National funding decisions have brought significantly tighter budgets for local authorities. Almost all secondary schools in Nottingham are academies and the national curriculum has changed significantly. Clinical Commissioning Groups are now partners alongside local authorities in improving public health. New legal duties to reform the way we support children and young people with special educational needs and disability have come into force, and further changes lie ahead for the transition from children's to adult's services and how care needs are funded with the implementation of the Care Act 2014. The plan is set within this new context.

This is a strategic plan, setting the overall direction and providing the headlines, but is supported by a more detailed Action Plan which can be found on the Children's Partnership website.

The Plan covers all services for children, young people and their families. For young people leaving care, responsibility extends beyond the age of 20. For those with learning difficulties it extends to the age of 25 to ensure the transition to adult services is properly planned and delivered.

Vision

Our vision is a city where every child and young person can enjoy their childhood in a warm and supporting environment, free from poverty and safe from harm; a city where every child grows up to achieve their full potential.

Achievements to date

The Children's Partnership has celebrated a number of key achievements over the past few years:

- Significant progress has been made towards achievement of the Baby Friendly Initiative Award with community health services reaching full accreditation
- Breastfeeding prevalence at 6-8 weeks has increased from 45.9% in 2010/11 to 48.4% in 2013/14
- Maternity services have worked to deliver improved outcomes for parents by improving access, delivering holistic care models and increasing screening for domestic violence and perinatal mental health
- Home safety equipment and education for families with under 5's is being delivered in targeted areas with high levels of deprivation to prevent avoidable accidents to keep children and young people safe and avoid admission to hospital
- Nottingham has been successful in its Big Lottery bid 'Small Steps, Big Changes', bringing £45m into the city to improve our early years provision over the next 10 years
- 76% of our Key Stage 2 pupils achieved level 4+ in Reading, Writing and Maths in the 2013/14 academic year, up from 57% in 2009/10 academic year, although still below the England average (79% in 2013/14)

- Teenage pregnancy rates have fallen by almost half (49.8%) between the baseline year (1998) and most recent data (which relates to 2013)
- The number of first time entrants to the youth justice system has gone down by almost half (from 440 in 2010/11, to 239 in 2013/14)
- During 2013/14, 44.6% of pupils achieved 5 or more A*-C GCSEs or equivalents including English and Maths
- Nottingham has the lowest levels of young people not in employment, education or training (NEET) and whose destination is not known of all the Core Cities in England
- The Priority Families Programme has met its target of working with 1,200 families in Nottingham (2012-15), well ahead of the deadline, and we are 'early adopters' for the expanded Troubled Families programme from 2015-20
- Nottingham's Children and Young People's Provider Network, which is facilitated by Nottingham Community and Voluntary Service (NCVS), is now working with over 100 voluntary and community member organisations that provide support and services to children and young people
- A new needs-led model of school nursing has been developed with input from consultation and implemented across the City
- 93.4% of children and young people entering care of Nottingham City Council receive an initial assessment of their health needs within 28 calendar days, a vast improvement on previous years
- An integrated pathway for children and young people with behavioural, emotional or mental health needs has been launched and a new service is available to support them together with their families and carers
- Young carers are supported via a bespoke package of services improving their own health and wellbeing outcomes and enabling them to continue their caring role supported and with confidence

Priorities

Through discussion with Board members the Partnership has identified 4 shared priorities, which are:

1. Safeguarding and supporting children and families

Children, young people and families will benefit from early and effective support and protection to empower them to overcome difficulties and provide a safe environment in which to thrive.

2. Promoting the health and wellbeing of babies, children and young people

From pregnancy and throughout the life course, babies, children, young people and families will be healthier, more emotionally resilient and better able to make informed decisions about their health and wellbeing.

3. Supporting achievement and academic attainment

All children and young people will leave school with the best skills and qualifications they can achieve and will be ready for independence, work or further learning.

4. Empowering families to be strong and achieve economic wellbeing

More families will be empowered and able to deal with family issues and child poverty will be significantly reduced.

Challenges

Nottingham continues to face many challenges which often impact adversely on the health and well being of our children, young people and families, making the task of improving outcomes a long term commitment. Nottingham ranks 20th out of the 326 districts in

England¹ (1 is most deprived) and 22,000 (34.6%) city children live in poverty (locally defined as those who live in households dependent on out-of-work benefits)². However, as our achievements show, improvements are being made through prioritising a number of key outcomes, providing strategic leadership and operational resources.

Analysis of national and local data has picked up a number of indicators where Nottingham is not at the expected position. These indicators have been prioritised in the table below, along with those that will help to deliver the Nottingham Plan, the Health and Wellbeing Strategy and those to which the majority of organisations on the Children's Partnership Board contribute.

Priorities for action in 2015/16

1. Safeguarding and supporting children and families

1a. Children and young people are safe

- Number of Common Assessment Frameworks (CAFs) initiated by source
- *Placeholder³ for performance measure on Outcome of CAF*
- Number of children subject to a Child Protection Plan
- *Placeholder⁴ for Number of children at risk of sexual exploitation and those referred to social care*
- Number of offences where children and young people are victims
- Number of incidents of domestic violence where children or young people are in the family
- Number of Accident and Emergency attendances caused by deliberate or unintentional injuries for children age 0-4 years

2. Promoting the health and wellbeing of babies, children and young people

2a. Good maternal health and healthy babies

- % of women reporting smoking at the time of delivery
- % of women receiving a perinatal mental health assessment during their pregnancy at booking
- % of women receiving a perinatal mental health assessment after 28 weeks of pregnancy
- % of mothers who breastfeed their babies 6-8 weeks after delivery
- Rate of infant mortality per 1,000 live births (aged under 1 year)
- % of eligible children who have received 3 doses of Dtap/IPV/Hib⁵ vaccine by their first birthday

2b. Children and young people adopt healthy lifestyles

- % of Year 6 children who are obese (Nottingham Plan target)
- % of children aged 5 with tooth decay

2c. Children and young people have positive mental health

- Number of hospital admissions for self harm for those age 10-24
- Number of referrals into the Behavioural, Emotional or Mental Health Pathway which lead to appropriate support from Child and Adolescent Mental Health Services (CAMHS)
- Rate of hospital admissions for mental health conditions for those age 0-17

¹ Index of Multiple Deprivation 2010, using the Average Score measure

² HMRC Child and Working Tax Credits data for the period 2012/13 published in 2014

³ i.e. when the measure is ready to be reported on it can be added in

⁴ i.e. when the measure is ready to be reported on it can be added in

⁵ Dtap: Diphtheria, Tetanus and Pertussis, Hib: Haemophilus Influenza type b, IPV: Inactivated Polio Vaccine

2d. Young people have a positive, informed approach to risk taking

- Under 18 conception rate (Nottingham Plan target)
- Rate of first time entrants to the Youth Justice System (Nottingham Plan target)
- Number of new presentations to young peoples' drug and alcohol service

2e. Young people are ready for independence

- % and number of 16-18 year olds who are NEET
- % and number of 16-18 year olds whose destination is Not Known
- % and number of Looked After Children who are NEET
- % and number of Looked After Children whose destination is Not Known
- % of 19 year olds who have achieved Level 2 qualifications or more

3. Supporting achievement and academic attainment

3a. Children are ready for school

- % of eligible 2 year olds accessing free nursery provision (Nottingham Plan target)
- % of children achieve a good level of development in their Early Years Foundation Stage Profile in the following areas of learning: Communication and language, Physical development, Personal, social and emotional development, Literacy and Maths

3b. Children and young people achieve their full potential

- Number of schools rated 'Good' or 'Outstanding' by Ofsted
- % of pupils achieving 5 or more A*-C GCSEs including English and Maths (Nottingham Plan target)
- % of Key Stage 1 pupils achieving Level 2 in Reading, Writing and Maths
- % of Key Stage 2 pupils making the expected progress in Reading, Writing and Maths
- % of pupils leaving school with no qualifications (Nottingham Plan target)
- Rate of Primary and Secondary School permanent exclusions
- Rate of Primary School absences
- Rate of Secondary School absences

3c. Children from disadvantaged groups achieve their potential

- Gap between SEN and non-SEN pupils in achieving Key Stage 2 English and Maths threshold
- Gap between SEN and non-SEN pupils in achieving 5 A*-C GCSEs including English and Maths
- Gap between pupils receiving the Pupil Premium (disadvantaged) and their peers in achieving the expected level at Key Stage 2
- Gap between pupils receiving the Pupil Premium (disadvantaged) and their peers in achieving expected level at Key Stage 4 (or by age 19)
- % of Children in Care achieving the expected level at Key Stage 2
- % of Children in Care achieving 5 or more A*-Cs GCSEs

4. Empowering families to be strong and achieve economic wellbeing

4a. Parents feel confident and equipped to address family issues

- Number of incidents of domestic violence where children and/or young people are in the family (mirror DV indicator from Priority 1)
- Number of Priority Families supported (in Phase 2)

4b. Parents are supported into education, employment or training

- The proportion of children living in poverty (locally defined as who live in households dependent on out-of-work benefits, Nottingham Plan target)

The Children's Partnership has identified a number of key actions to support each outcome which are set out in the Action Plan in Appendix 1.

Approach:

Our approach is to continue to work in partnership, focusing on tackling the causes of poor outcomes by strengthening our prevention and early intervention work and seizing opportunities to integrate our services to give our families choice and control of personalised support.

Children, young people and families within the City have a wide spectrum of need. Some groups, such as those with special educational needs or disabilities, children in care and those children within households where domestic violence, substance misuse or mental health issues are experienced, will need additional support. Our Family Support Pathway is our key document for supporting our children's workforce in identifying levels of need and the appropriate support required to meet that need. The Children's Partnership is committed to providing universal support which is available for all children, young people and families and support which is targeted to those who are more vulnerable.

Principles:

The Partnership has adopted 7 cross-cutting principles to guide the development of its work and put the needs of children and young people at the heart of everything we do. It will continue to develop these principles by incorporating them into its commissioning and planning processes, its workforce development strategy and its delivery of front line services. The principles are as follows:

- To raise aspiration
- To manage transitions through all aspects of children's, young people's and families' lives
- To ensure that all services are accessible by and take account of the needs of vulnerable groups
- To engage with and listen to the views of our children, young people and families when developing our services
- To promote the environmental sustainability of investments and services sustainability
- To gather and use evidence of impact more creatively and intensively
- To work with others to build a city that is child, young person and family-friendly

Transformational Change:

Over the next 12 months, in support of all priorities, the Children's Partnership will:

- Develop a new offer for 0-19 year olds which shows the universal provision available to every child and young person in the City and the early help support available if required
- Implement an increased number of evidence-based early intervention programmes and approaches, and evaluate local effectiveness, e.g. Triple P parenting programme
- Implement the Small Steps Big Changes Programme to develop new services for 0-3 year olds in Aspley, St. Ann's, Arboretum and Bulwell
- Implement the special educational needs and disabilities reforms identified within section 3 of the Children and Families Act 2014/15, including rolling out Education, Health and Care Plans, and continuing to explore further integration opportunities with local partners and neighbouring authorities

- Implement the Nottingham Children's Partnership Workforce Strategy Action Plan for 2014-15, to ensure practitioners are competent and confident enough to deliver services in line with evidence-based practice and national legislation.
- Develop a change programme to embed the Priority Families approach to working with our vulnerable families across the local authority and wider partnership
- Introduce an integrated social care and finance IT system, which will allow Nottingham City Council to improve data sharing with partners
- Develop and begin to implement a joint commissioning plan to revisit need and support for children, young people and families through a set of priority reviews.

The Children's Partnership Board and Governance Arrangements

Each local authority area is required to have robust children's partnership arrangements, with relevant partners and local authority representatives. In Nottingham this is the Children's Partnership Board, which includes representatives from:

- Nottingham City Council
- NHS Nottingham City Clinical Commissioning Group
- Nottinghamshire Police
- Nottingham City Safeguarding Children's Board
- Nottingham Futures
- Community and voluntary sector
- Young people
- Further Education
- Nottingham Schools (including nursery, primary, academies and special schools representation)
- Nottingham CityCare Partnership
- Nottingham Crime and Drugs Partnership
- JobCentre Plus
- CONGA (City of Nottingham Governors Association)

The role of the Board is to set the direction, improve joined up working and drive performance. All partners are committed to improving outcomes for children, young people and families in Nottingham.